

# PUBLIC HEALTH NUTRITION (MINOR)

This program was approved for students entering the university in the Summer 2021–Spring 2022 catalog year. For more information about catalog year, go to Catalog Year Information (<http://catalog.louisville.edu/undergraduate/university-wide-unit-specific-policies/catalog-year/>).

## Minor in Public Health Nutrition

Unit: School of Public Health and Information Sciences (<https://louisville.edu/sphis/>)

Academic Plan Code(s): PHNUMINOR

The Public Health Nutrition minor will expose students to the basic principles of nutrition within the context of public health, with an emphasis on:

1. Nutrition support systems targeted at the general population as well as women and children;
2. Assessment tools used to estimate population nutritional status; and
3. Food composition, labeling, and advertising.

Students will develop critical thinking skills necessary to evaluate nutrition education programs and example dietary patterns, assess advertising claims, and formulate rational policy decisions based on the U.S. Dietary Recommendations.

The Public Health Nutrition minor can be pursued as a type of specialization within the field of public health—e.g., by Public Health majors, as adjunct preparation for other health fields, such as medicine or nursing—or as an applied field of basic science, such as biology or chemistry. The goal of the program will be to provide students with a solid foundation for further education or careers related to nutrition.

## Admission

Current UofL students will be required to apply to the minor and maintain a minimum of a 2.0 GPA.

## Program Requirements

Code	Title	Hours
<b>Core Courses</b>		
PHEH 325	Public Health Nutrition	3
PHEH 330	Childhood Nutrition from a Public Health Perspective	3
PHEH 331 or HSS 303	Food Composition and Public Health Human Nutrition	3
PHEH 332	Nutrition Assessment Tools	3
<b>Guided Electives</b>		
Select two of the following courses:		6
ANTH 352	Food and Body Politic	
ANTH 534	Food and Farm Movements in the Americas	
ANTH 535	Nutritional Anthropology	
BIOL 350	Biostatistics <sup>1</sup>	
	or PHST 301 Quantitative Methods in Public Health	
BIOL 540	Metabolic Biochemistry <sup>2</sup>	
	or CHEM 444 Survey of Biochemistry	
COMM 430	Health Communication - WR, CUE	

HSS 302	Nutrition in Healthy Living	
PHEP 341	Epidemiological Concepts and Methods for Public Health	
Minimum Total Hours		18

- 1 Students may count only one of either BIOL 350 or PHST 301 towards the required total of 6 credits in electives.
- 2 Students may count only one of either BIOL 540 or CHEM 445 towards the required total of 6 credits in electives.

At least three (3) semester hours of the requirements for a minor must be successfully completed while enrolled in the University of Louisville.